



Akeso Health Sciences
White Paper Library
Evidence-Based Use of Supplements
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ARTHRITIS

Clinically Proven Natural Alternatives for Treating Joint Disease – (Joint Pain, Function and Integrity)

ADHD - Attention Deficit Hyperactivity Disorder (ADHD)

Clinically Proven Natural Alternatives for Treating Inattention, Hyperactivity and Impulsivity

BLOOD PRESSURE – HYPER TENSION

Clinically Proven Natural Alternatives for Treating High Blood Pressure

EYE HEALTH – Macular Degeneration, Cataracts, and Diabetic Retinopathy

Clinically Proven Natural Alternatives for Treating Eye Disease

INSOMNIA

Clinically Proven Natural Alternatives for Treating Insomnia

STRESS, ANXIETY AND COGNITIVE FUNCTION

Clinically Proven Natural Alternatives for Treating Stress & Anxiety and Declining Memory

DEPRESSION

Clinically Proven Natural Alternatives for Treating Depression

INGREDIENT STUDIES

COMFORT - Evidence-Based Support for the Analgesic and Anti-Inflammatory Benefits of Ginger, Boswellia, Feverfew and Magnesium

MEMORY & STRESS - Evidence Based Support for the Nootropic Benefits (Brain Function, Cognition, Memory & Learning) or Anxiolytics Benefits (Stress & Anxiety Inhibition) of Ashwagandha, Vitamin C, Bacopa Monnieri, Huperzine A, Pyridoxal-5-Phosphate (B-6), Pantothenic Acid and Vinpocetine